



MORBIDITY AND MORTALITY WEEKLY REPORT

- 169 ACIP: Supplementary Statement of Contraindications to Receipt of Pertussis Vaccine
 171 Isotretinoin — A Newly Recognized Human Teratogen
 173 Poisoning from Elderberry Juice — California
 179 Update: Styrene, Dioxin, and 1,3-Butadiene in the Workplace
 181 Prospective Evaluation of Health-Care Workers Exposed via Parenteral or Mucous-Membrane Routes to Blood and Body Fluids of Patients with Acquired Immunodeficiency Syndrome
 182 Quarantine Measures

Recommendation of the Immunization Practices Advisory Committee (ACIP)

Supplementary Statement of Contraindications to Receipt of Pertussis Vaccine

The following statement updates some of the previous recommendations regarding pertussis vaccine (1). The Immunization Practices Advisory Committee (ACIP) reviewed the available data concerning the risks of pertussis disease and pertussis vaccine to infants and children with personal or family histories of convulsions. Based on available evidence, the ACIP does not consider a family history of convulsion to be a contraindication to receipt of pertussis vaccine. However, a personal history of a prior convulsion should be evaluated before initiating or continuing immunization with vaccines containing a pertussis component (i.e., diphtheria and tetanus toxoids with pertussis vaccine [DTP]) (Table 1).

DEFERRAL OF DTP FOR INFANTS AND CHILDREN WITH PERSONAL HISTORIES OF CONVULSION(S)

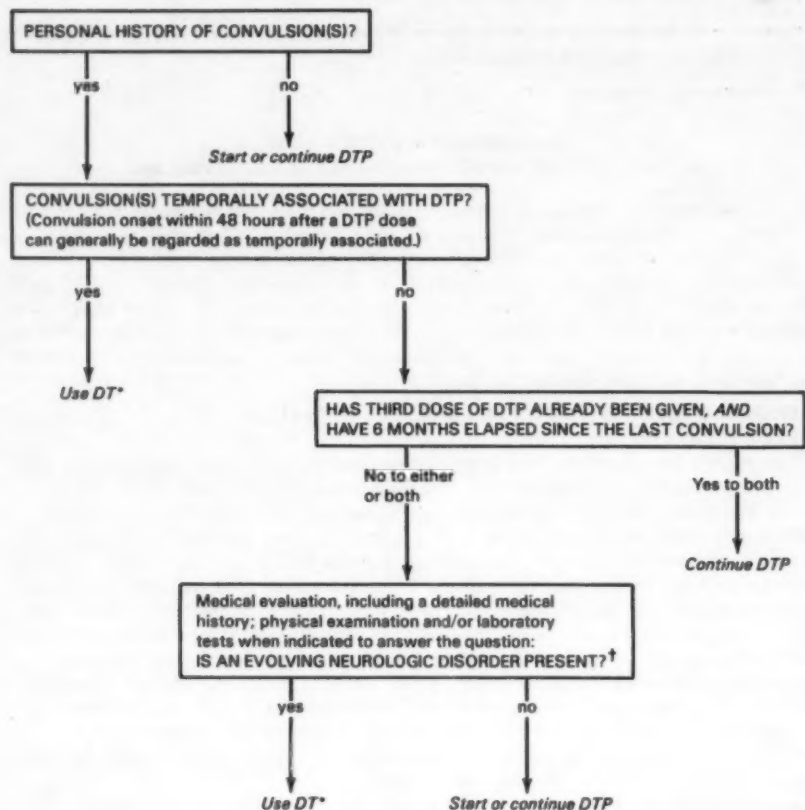
Although there are uncertainties in the reported studies, recent data suggest that infants and young children who have previously had convulsions (whether febrile or nonfebrile) are more likely to have seizures following pertussis vaccination than those without such histories (2). Available data do not indicate that seizures temporally associated with vaccine administration predispose to permanent brain damage or exacerbate existing conditions. The incidence of pertussis in most areas of the United States is presently quite low. Consequently, for infants and young children who have histories of seizures before initiation of DTP immunization or who develop seizures before the four-dose primary series is completed, initiating or continuing pertussis immunization should be deferred until it can be determined that there is not an evolving neurologic disorder present. If such disorders are found, the infants or children should be given diphtheria and tetanus toxoids (DT) instead of DTP. If DT is used, three doses at least 4 weeks apart, followed by a fourth dose 6-12 months later, are recommended for infants. For children 1 year of age or older, two doses of DT at least 4 weeks apart, followed by a third dose 6-12 months later, are recommended.

RECOMMENDATIONS FOR BEGINNING OR CONTINUING DTP AFTER DEFERRAL

For infants and children whose DTP immunizations are deferred because of histories of convulsion(s), the decision whether to proceed with DTP immunization can usually be made within the next few months. For infants who have received fewer than three doses of DTP, such a decision in most instances should be made no later than at 1 year of age. Following individual assessment, it may be decided to proceed with DTP, because infants and young children with convulsive disorders also appear to be at higher risk of adverse outcomes if they contract pertussis disease. Further, if unimmunized infants attend day-care centers, special clinics, and residential-care settings where other children may be unimmunized or if they

*Pertussis Vaccine — Continued***TABLE 1. Guidelines for diphtheria-tetanus-pertussis (DTP) immunization of infants and young children with histories of convulsion(s)**

The following general guidelines cannot cover every situation. Individualized medical judgment in specific cases may indicate a different course of action.



*For infants and children who received diphtheria-tetanus (DT), but who, on further evaluation, can be given pertussis vaccine, a separate pertussis vaccine is available. It is distributed by the Michigan State Department of Public Health.

†If the presence or absence of an evolving neurologic disorder cannot be established within 6 months after deferral of DTP, DT should be given rather than further delaying immunization.

Pertussis Vaccine — Continued

travel to or reside in areas where the disease is endemic, they may be at increased risk of exposure to pertussis.

For infants and children with stable neurologic conditions, including well-controlled seizures, the benefits of pertussis immunization outweigh the risks, and such children may be vaccinated. The occurrence of single seizures (temporally unassociated with DTP) in infants and young children, while necessitating evaluation, need not contraindicate DTP immunization, particularly if the seizures can be satisfactorily explained. An example might be a febrile seizure in the course of exanthem subitum in a 14-month-old child. As with all infants or children with one or more febrile seizures, consideration of continuous anticonvulsant prophylaxis may be warranted.

Parents should be fully informed of the benefits and risks of immunization with DTP. Parents of infants and children with histories of convulsions should particularly be made aware of the slightly increased chance of post-immunization seizures. A minimum of three doses of DTP given at intervals of at least 4 weeks is necessary to provide adequate protection against pertussis. A fourth dose 6-12 months later is also recommended.

CONTRAINDICATIONS TO PERTUSSIS VACCINE

Hypersensitivity to vaccine components, presence of an evolving neurologic disorder, or a history of a severe reaction (usually within 48 hours) following a previous dose all remain definitive contraindications to the receipt of pertussis vaccine. Severe reactions include collapse or shock, persistent screaming episode, temperature 40.5 C (105 F) or greater, convulsion(s) with or without accompanying fever, severe alterations of consciousness, generalized and/or local neurologic signs, or systemic allergic reactions. Although hemolytic anemia and thrombocytopenic purpura have previously been considered contraindications by the ACIP, the evidence of a causal link between these conditions and pertussis vaccination is not sufficient to retain them as contraindications.

OTHER IMMUNIZATIONS FOR INFANTS AND CHILDREN FOR WHOM PERTUSSIS VACCINE IS CONTRAINDICATED

Immunization with DT and/or oral polio vaccine is not known to be associated with an increased risk of convulsions. Therefore, a history of prior convulsions is not a contraindication to receipt of these toxoids and vaccine. In addition, a history of prior convulsion(s) is not a contraindication for measles-mumps-rubella (MMR) vaccine. Further details concerning DTP vaccine or DT toxoids can be found in the 1981 ACIP statement (1).

References

1. ACIP. Diphtheria, tetanus, and pertussis: guidelines for vaccine prophylaxis and other preventive measures. MMWR 1981;30:392-6, 401-7.
2. CDC. Adverse events following immunization. Surveillance Report No. 1, 1979-1982 (in press).

*Epidemiologic Notes and Reports***Isotretinoin — A Newly Recognized Human Teratogen**

Isotretinoin (Accutane®), an orally administered, retinoic acid licensed in September 1982 for treating severe, intractable cystic acne, has been associated with spontaneous abortions and congenital malformations. The manufacturer (Roche Laboratories) and the U.S. Food and Drug Administration (FDA) have received 29 case reports of adverse reproductive outcomes among women taking isotretinoin (Accutane) during the first trimester of pregnancy.

Isotretinoin—Continued

Excessive amounts of vitamin A and its congeners—which include retinoic acids—are known to be teratogenic in rodents and nonhuman primates (1). A daily dose of 10 mg/kg of retinoic acid on days 20–44 of gestation was teratogenic in studies of nonhuman primates (2). A variety of structural malformations was produced: malformed ears, cleft palates, limb reduction defects, contractures, and craniofacial bone anomalies. However, isotretinoin is normally prescribed in a dosage of 40–80 mg per day, a range of approximately 0.7–1.4 mg/kg/day for women weighing 60 kg (132 pounds).

Before the outcomes of their pregnancies were determined, 18 pregnant women exposed to this drug were prospectively identified by the manufacturer. Among this group, 13 spontaneous abortions, four normal infants, and one infant with malformations occurred. (No information is available about whether the women who had spontaneous abortions were otherwise predisposed for adverse pregnancy outcomes.) A second similar group of 16 women was identified after the outcomes of their pregnancies were determined. These pregnancies resulted in six spontaneous abortions, one normal infant, and nine infants with similar congenital malformations, which included microtia with or without agenesis of the ear canal (eight of 10 infants); structural central nervous system abnormalities (9/10), including hydrocephalus and microcephaly; and congenital heart defects (5/10) represented by conotruncal malformations, aortic arch atresia, and ventricular septal defects. Other reported malformations included facial dysmorphism, microphthalmia, micrognathia, and cleft palate.

Reported by FW Ross, MD, Epidemiology Development Br, Div of Drug and Biologics Experience, U.S. Food and Drug Administration; Birth Defects Br, Chronic Diseases Div, Center for Environmental Health, CDC.

Editorial Note: Although the total number of exposed, pregnant women is unknown, the consistency of the laboratory and human experiences with isotretinoin exposure during pregnancy provides sufficient evidence to conclude that the drug is a human teratogen.

The spectrum of malformations described among these infants exposed to isotretinoin resembles that found in the animal studies. The 10 infants referred to above have an unusual characteristic pattern of malformations not consistent with any known syndromes. The occurrence by chance of these defects in 10 infants of isotretinoin-exposed pregnant women is highly unlikely. Among exposed pregnant women, the percentage of infants who will have malformations is unclear, since only five of the prospectively followed fetuses reached a viable gestational age. The large percentage of spontaneous abortions among the prospectively identified women suggests that fetotoxicity is a more common adverse outcome of exposure than malformation of a live infant. As expected, birth defects were reported more frequently among exposed women after the outcomes of their pregnancies were determined than were spontaneous abortions and normal births.

Since the drug was first marketed in the United States in September 1982, the isotretinoin package insert has carried the following warning: "Because teratogenicity has been observed in animals given isotretinoin, patients who are pregnant or intend to become pregnant while undergoing treatment should not receive Accutane. Women of childbearing potential should not be given Accutane unless an effective form of contraception is used, and they should be fully counseled on the potential risks to the fetus should they become pregnant while undergoing treatment. Should pregnancy occur during treatment, the physician and patient should discuss the desirability of continuing the pregnancy." In July 1983, after the first reports of malformed newborns, Roche Laboratories mailed letters to U.S. physicians and pharmacists reiterating important portions of the package insert and suggesting a pregnancy test before initiation of therapy.

The continuing reports of severely malformed infants born to mothers inadvertently exposed to isotretinoin emphasize the need to repeat the warnings of teratogenicity. Any

Isotretinoin — Continued

woman taking isotretinoin who becomes pregnant should receive informed counseling about the risks to her fetus.

To define the teratogenic risks of isotretinoin more accurately, further information about inadvertently exposed fetuses and infants is needed. This information is most valuable when an exposed, pregnant woman is reported before the outcome is determined. Physicians are urged to report exposures to Roche Laboratories by calling collect (201) 235-3021.

Since fetotoxicity appears to be a common adverse outcome of isotretinoin exposure, studies of abortuses, either spontaneous or induced, will supplement information already accumulated on the risks to the fetus. Arrangements for analyses of abortuses can be made by contacting the Epidemiology Development Branch, Division of Drug and Biologics Experience, FDA, or the Department of Environmental and Drug-Induced Pathology, Armed Forces Institute of Pathology, Washington, D.C. 20306, telephone (202) 576-2434.

References

1. Kochhar DM, Kuczynski-Brown BA, Tellone CI. Comparative teratogenicity of all-trans- and 13-cis-retinoic acid in mice as studied by in vivo and in vitro methods. *Teratology* 1983;27:58A.
2. Fantel AG, Shepard TH, Newell-Morris LL, Moffett BC. Teratogenic effects of retinoic acid in pigtail monkeys (*Macaca nemestrina*). I. General features. *Teratology* 1977;15:65-71.

Poisoning from Elderberry Juice — California

On August 26, 1983, eight people with acute gastrointestinal and neurologic symptoms were flown by helicopter to a Monterey, California, hospital. Earlier that day, they had attended a gathering for 25 persons of a religious/philosophic group in a remote area of Monterey County. Within 15 minutes after drinking refreshments, 11 persons began to have nausea and vomiting. The eight persons most ill reported nausea, vomiting, abdominal cramps, and weakness. Some also complained of dizziness and numbness; one was stuporous and was hospitalized. Arterial blood gases were normal for all eight, as were serum cyanide levels (reported later). The San Francisco Bay Area Regional Poison Control Center was promptly consulted regarding treatment for possible cyanide poisoning, but specific treatment was not given because 4 hours had elapsed since exposure, blood gases were normal, and the patients were stable. All recovered quickly, including the patient hospitalized overnight.

Investigation by the Monterey County Health Department revealed that staff at the religious center had gathered local, wild elderberries 2 days before the outbreak and had prepared juice from them the next day. Bunches of berries were crushed with their leaves and branches in a stainless-steel press. Apple juice, water, and sugar were added, and the mixture was stored overnight. The drink was served the next day in a stainless-steel pot to the group of 25 persons. Severity of illness correlated with the amount of elderberry juice consumed; those who drank only tea remained well. The hospitalized person had consumed five glasses of the juice; the others, much less.

Editorial Note: The indigenous elder tree of the western United States, *Sambucus mexicana*, can grow to 30 feet and produces small (¼-inch), globular, nearly black berries that can be covered with a white bloom at maturity. The berries are juicy and edible when mature. The cooked berries are commonly eaten in pies and jams, and berry juice can be fermented into wine. The fresh leaves, flowers, bark, young buds, and roots contain a bitter alkaloid and also a glucoside that, under certain conditions, can produce hydrocyanic acid. The amount of acid produced is usually greatest in young leaves. There may be other toxic constituents in this plant. The root is probably the most poisonous and may be responsible for occasional pig

Poisoning — Continued

deaths; cattle and sheep have died after eating leaves and young shoots.

Although a review of the medical literature revealed no other reports of elderberry juice poisoning in the past 20 years, there are older, anecdotal reports of poisoning in children from the related elder, *S. canadensis*. The religious center staff has been advised that, while elderberries may be safe to consume, particularly if cooked (uncooked berries may produce nausea), leaves and stems should not be crushed in when making juice.

Reported in California Morbidity (February 24, 1984) by S Kunitz, MD, RJ Melton, MD, T Updyke, Monterey County Health Dept, D Breedlove, PhD, California Academy of Sciences, San Francisco, SB Werner, MD, California State Dept of Health Svcs.

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Osol A, Farrar GE. The Dispensatory of the United States of America. 25th ed. Philadelphia: JB Lippincott Company, 1955.

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TABLE 1. Summary—cases specified notifiable diseases, United States

Disease	13th Week Ending			Cumulative, 13th Week Ending		
	March 31, 1984	April 2, 1983	Median 1979-1983	March 31, 1984	April 2, 1983	Median 1979-1983
Acquired Immunodeficiency Syndrome (AIDS)	55	N	N	980	N	N
Aseptic meningitis	98	94	77	1,004	1,047	954
Encephalitis: Primary (arthropod-borne & unsp.)	21	23	13	185	238	203
Post-infectious	2	2	2	9	20	22
Gonorrhea: Civilian	15,522	15,822	17,825	201,051	225,373	236,316
Military	508	465	465	5,011	6,014	6,812
Hepatitis: Type A	408	471	483	5,617	6,119	6,251
Type B	487	470	382	5,690	5,432	4,669
Non A, Non B	56	64	N	805	798	N
Unspecified	91	152	185	1,527	1,869	2,557
Legionellosis	11	9	N	124	145	N
Leprosy	-	7	5	47	63	45
Malaria	19	11	18	139	159	192
Measles: Total*	54	75	76	433	497	673
Indigenous	45	47	N	397	431	N
Imported	9	28	N	36	66	N
Meningococcal infections: Total	69	64	80	849	837	898
Civilian	69	63	80	849	825	888
Military	-	1	1	-	12	9
Mumps	99	93	238	923	1,087	1,770
Pertussis	34	41	23	426	353	288
Rubella (German measles)	16	38	96	137	283	668
Syphilis (Primary & Secondary): Civilian	667	485	485	7,118	8,349	7,529
Military	5	20	10	83	126	96
Toxic Shock syndrome	8	9	N	78	120	N
Tuberculosis	500	480	553	4,928	5,295	6,011
Tularemia	3	1	19	19	36	23
Typhoid fever	2	16	15	87	87	103
Typhus fever, tick-borne (RMSF)	4	3	1	13	15	14
Rabies, animal	99	139	143	1,050	1,449	1,294

TABLE II. Notifiable diseases of low frequency, United States

	Cum 1984		Cum 1984
Anthrax	-	Plague	2
Botulism: Foodborne	4	Polioymyeltis: Total	-
Infant (Ohio 1, Ind. 1, W.Va. 1, Calif. 2)	24	Paralytic	-
Other	2	Psittacosis (Calif. 1)	17
Brucellosis (Miss. 1)	25	Rabies, human	7
Cholera	-	Tetanus (Calif. 1)	8
Congenital rubella syndrome	1	Trichinosis	8
Diphtheria	-	Typhus fever, flea-borne (endemic, murine)	6
Leptospirosis (Mo. 1, H.C. 1)	5		

*One of the 54 reported cases for this week was imported from a foreign country or can be directly traceable to a known internationally imported case within two generations.

TABLE III. Cases of specified notifiable diseases, United States, weeks ending
March 31, 1984 and April 2, 1983 (13th Week)

Reporting Area	AIDS	Aseptic Meningi- tis	Encephalitis		Gonorrhea (Civilian)		Hepatitis (Viral), by type				Legionel- losis	Leprosy
			Primary	Post-in- fectious			A	B	NA/NB	Unspeci- fied		
	Cum. 1984	1984	Cum. 1984	Cum. 1984	Cum. 1984	Cum. 1983	1984	1984	1984	1984	1984	Cum. 1984
UNITED STATES	880	96	185	9	201,051	225,373	408	497	56	91	11	47
NEW ENGLAND	31	1	11	-	6,340	5,723	3	39	2	10	-	2
Maine	-	-	-	-	244	322	-	-	-	-	-	-
N.H.	1	1	4	-	147	168	1	6	-	-	-	-
Vt.	-	-	1	-	96	91	-	1	-	-	-	-
Mass.	18	-	4	-	2,424	2,589	1	18	1	8	-	2
R.I.	-	-	-	-	396	308	-	-	-	-	-	-
Conn.	12	-	2	-	3,033	2,245	1	14	1	2	-	-
MID ATLANTIC	413	12	23	-	27,873	29,198	91	97	10	6	-	2
Upstate N.Y.	33	6	5	-	4,274	4,389	10	10	2	2	-	1
N.Y. City	306	1	-	-	12,304	12,434	20	17	7	2	-	2
N.J.	63	-	12	-	4,326	5,203	24	37	3	2	-	-
Pa.	11	5	6	-	6,969	7,172	20	24	-	-	-	-
E.N. CENTRAL	42	12	39	1	25,452	31,621	26	57	6	8	5	3
Ohio	9	5	15	1	7,124	7,986	10	10	-	2	-	-
Ind.	7	1	7	-	3,217	3,727	2	13	2	4	1	-
Ill.	21	2	4	-	4,140	8,631	6	6	-	-	-	-
Mich.	3	4	9	-	7,863	8,438	8	28	4	2	2	2
Wis.	2	-	3	-	3,108	2,839	-	-	-	-	-	-
W.N. CENTRAL	4	3	4	-	9,013	10,654	12	8	4	1	1	-
Minn.	1	1	-	-	1,362	1,539	3	3	-	1	1	-
Iowa	-	1	3	-	1,115	1,110	1	-	1	-	-	-
Mo.	2	-	-	-	4,454	5,162	1	2	1	-	-	-
N. Dak.	-	-	-	-	108	103	-	-	-	-	-	-
S. Dak.	-	1	-	-	286	311	6	-	-	-	-	-
Nebr.	1	-	-	-	628	570	1	-	-	-	-	-
Kans.	-	-	1	-	1,660	1,859	1	2	2	-	-	-
S. ATLANTIC	112	21	35	5	51,344	58,901	24	106	10	11	-	2
Del.	-	-	1	-	838	1,054	1	2	1	-	-	-
Md.	11	2	6	-	6,361	7,485	2	14	2	1	-	-
D.C.	14	1	-	-	3,666	4,003	1	1	-	-	-	-
Va.	7	1	11	3	5,008	4,850	-	10	3	2	-	1
W. Va.	1	-	3	-	607	568	-	2	-	-	-	-
N.C.	2	3	7	1	8,361	7,982	4	17	1	2	-	-
S.C.	3	-	1	-	4,867	5,644	1	11	-	-	-	-
Ga.	11	1	3	-	9,860	13,907	4	20	1	-	-	-
Fla.	60	13	3	1	11,776	13,508	11	29	2	6	-	1
E.S. CENTRAL	6	1	8	-	16,854	19,384	23	26	2	1	-	-
Ky.	4	-	1	-	2,138	2,367	18	6	-	-	-	-
Tenn.	-	1	2	-	6,929	7,609	2	10	1	1	-	-
Ala.	1	-	5	-	5,200	6,030	3	9	1	-	-	-
Miss.	1	-	-	-	2,587	3,378	-	1	-	-	-	-
W.S. CENTRAL	37	7	14	1	27,934	30,667	31	32	3	32	-	3
Ark.	-	-	-	1	2,330	2,535	1	2	-	2	-	-
La.	8	-	2	-	6,304	4,641	-	12	1	3	-	-
Okla.	2	1	1	-	3,083	3,738	9	4	-	3	-	-
Tex.	27	6	11	-	16,217	19,753	21	14	2	24	-	3
MOUNTAIN	9	-	6	-	6,264	6,764	35	21	6	4	2	6
Mont.	-	-	-	-	284	333	-	-	-	-	-	-
Idaho	-	-	-	-	304	351	3	-	-	-	-	-
Wyo.	-	-	-	-	179	192	-	-	-	1	-	-
Colo.	4	-	3	-	1,778	1,971	12	4	1	-	-	-
N. Mex.	-	-	-	-	771	905	7	2	1	-	1	-
Ariz.	5	-	1	-	1,579	1,605	9	5	2	3	1	4
Utah	-	-	2	-	342	314	-	6	1	-	-	-
Nev.	-	-	-	-	1,027	1,093	4	4	1	-	-	1
PACIFIC	225	39	46	2	29,377	32,461	163	161	13	18	3	29
Wash.	7	1	1	-	1,988	2,475	4	6	-	2	-	1
Oreg.	1	-	-	-	1,766	1,678	15	4	-	-	-	-
Calif.	210	24	43	2	24,397	26,909	140	90	13	16	3	19
Alaska	-	-	-	-	716	743	1	-	-	-	-	-
Hawaii	2	14	2	-	510	556	3	1	-	-	-	8
Guam	-	U	-	-	50	54	U	U	U	U	U	-
P.R.	11	2	-	-	859	677	1	12	-	-	-	-
V.I.	-	1	-	-	106	74	-	-	-	-	-	-
Pac. Trust Terr.	-	U	-	-	-	-	U	U	U	U	U	-

N: Not notifiable

U: Unavailable

TABLE III. (Cont'd). Cases of specified notifiable diseases, United States, weeks ending
March 31, 1984 and April 2, 1983 (13th Week)

Reporting Area	Malaria	Measles (Rubella)					Meningo- coccal infections	Mumps	Pertussis			Rubella			
		Indigenous		Imported *		Total			1984	Cum. 1984	1984	Cum. 1984	Cum. 1983	1984	Cum. 1984
	Cum. 1984	1984	Cum. 1984	1984	Cum. 1984	Cum. 1983									
UNITED STATES	139	45	397	9	36	497	849	99	923	34	426	353	16	137	283
NEW ENGLAND	15	-	-	-	-	2	65	3	41	-	10	17	1	16	2
Maine	-	-	-	-	-	-	1	-	12	-	-	-	-	1	-
N.H.	-	-	-	-	-	-	4	-	4	-	2	3	-	-	-
Vt.	1	-	-	-	-	19	-	2	2	-	5	3	-	-	1
Mass.	8	-	-	-	1	21	2	18	-	1	2	10	1	15	1
R.I.	1	-	-	-	-	4	-	1	-	-	1	1	-	-	-
Conn.	5	-	-	-	-	1	16	1	4	-	-	-	-	-	-
MID ATLANTIC	13	3	12	3	6	11	109	5	121	1	24	62	1	4	17
Update N.Y.	4	-	-	-	-	2	39	3	29	1	14	33	-	2	11
N.Y. City	1	1	10	-	-	8	12	-	3	-	1	8	-	1	2
N.J.	5	-	-	-	3	1	30	2	80	-	1	6	-	1	1
Pa.	3	2	2	3	3	-	28	-	9	-	8	13	-	-	3
E.N. CENTRAL	14	-	113	-	2	301	125	53	328	21	152	102	2	18	46
Ohio	4	-	1	-	2	1	49	29	108	2	28	32	-	1	1
Ind.	-	-	3	-	-	202	16	4	21	19	98	7	-	1	2
Ill.	2	-	20	-	-	83	19	9	73	-	8	49	-	9	20
Mich.	4	-	89	-	-	5	28	11	101	-	10	6	2	8	9
Wis.	4	-	-	-	-	-	13	-	25	-	8	8	-	2	14
W.N. CENTRAL	6	-	-	-	-	-	52	7	62	4	62	19	3	15	18
Minn.	-	-	-	-	-	-	7	-	1	3	7	-	-	-	3
Iowa	1	-	-	-	-	-	13	2	13	-	3	2	-	-	-
Mo.	4	-	-	-	-	17	-	-	5	10	2	-	-	-	-
N. Dak.	-	-	-	-	-	1	-	-	1	-	-	-	-	2	-
S. Dak.	-	-	-	-	-	2	-	-	-	-	1	-	-	-	-
Nebr.	-	-	-	-	-	3	-	-	1	-	2	-	-	-	-
Kans.	1	-	-	-	-	-	9	5	41	2	43	8	3	12	15
S. ATLANTIC	21	-	1	-	5	82	203	7	75	5	48	49	3	14	24
Dal.	2	-	-	-	-	1	-	-	2	-	-	-	-	-	-
Ms.	6	-	-	-	-	1	15	1	17	-	3	4	-	-	-
D.C.	-	-	-	-	-	-	2	-	-	-	-	-	-	-	-
Va.	4	-	1	-	1	2	20	1	5	7	18	-	-	-	1
W. Va.	-	-	-	-	-	3	1	15	1	6	2	-	-	-	-
N.C.	3	-	-	-	-	-	26	-	10	2	17	1	-	-	1
S.C.	1	-	-	-	-	3	16	-	1	-	1	2	-	-	-
Ge.	1	-	-	-	-	6	47	2	5	-	2	16	1	2	5
Fla.	5	-	-	-	4	70	73	2	20	2	12	6	2	12	17
E.S. CENTRAL	-	-	1	-	2	-	38	2	15	-	2	4	-	1	5
Ky.	-	-	1	-	-	-	4	-	3	-	1	2	-	-	5
Tenn.	-	-	-	-	2	-	17	2	8	-	1	2	-	-	-
Ala.	-	-	-	-	-	-	10	-	3	-	-	-	-	1	-
Miss.	-	-	-	-	-	-	5	-	3	-	-	-	-	-	-
W.S. CENTRAL	6	19	89	5	5	42	106	1	51	-	40	31	1	12	49
Ark.	-	-	-	-	-	10	12	-	3	-	10	2	1	2	-
La.	1	-	-	-	-	-	17	-	-	-	1	2	-	-	9
Okl.	2	-	-	-	-	-	14	N	N	-	28	11	-	-	-
Tex.	3	19	89	5	5	32	63	1	48	-	1	16	-	10	40
MOUNTAIN	5	-	44	-	8	1	34	3	76	2	43	54	-	3	11
Mont.	-	-	-	-	-	-	1	-	3	-	19	1	-	-	2
Idaho	-	-	-	-	-	-	4	-	5	-	1	2	-	1	2
Wyo.	1	-	-	-	-	-	-	-	1	2	3	4	-	-	1
Colo.	1	-	-	-	-	1	15	2	8	-	12	33	-	-	-
N. Mex.	-	-	21	-	8	-	6	N	N	-	2	4	-	-	-
Ariz.	2	-	-	-	-	-	5	-	54	-	3	6	-	-	4
Utah	2	-	23	-	-	-	3	1	4	-	1	4	-	2	1
Nev.	-	-	-	-	-	-	-	-	1	-	2	-	-	-	1
PACIFIC	59	23	137	1	8	58	119	18	164	1	45	15	5	54	111
Wash.	2	15	28	-	-	1	18	1	21	-	8	1	1	1	1
Oreg.	1	-	-	-	-	5	19	N	N	-	5	2	-	-	6
Calif.	53	8	109	1	6	51	79	16	124	1	19	12	4	52	104
Alaska	-	-	-	-	-	-	2	-	3	-	-	-	-	-	-
Hawaii	3	-	-	-	2	1	1	1	6	-	13	-	-	1	-
Guam	-	U	27	U	1	-	1	U	3	U	-	-	U	1	-
P.R.	2	-	-	-	-	46	2	1	39	-	-	3	-	1	1
V.I.	-	-	-	-	-	5	-	-	3	-	-	-	-	-	1
Pac. Trust Terr.	-	U	-	U	-	-	-	U	-	U	-	-	U	-	-

*For measles only, imported cases includes both out-of-state and international importations.

N: Not notifiable U: Unavailable [†]International [§]Out-of-state

TABLE III. (Cont'd). Cases of specified notifiable diseases, United States, weeks ending
March 31, 1984 and April 2, 1983 (13th Week)

Reporting Area	Syphilis (Civilian) (Primary & Secondary)		Toxic- shock Syndrome	Tuberculosis		Tule- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies, Animal
	Cum. 1984	Cum. 1983	1984	Cum. 1984	Cum. 1983	Cum. 1984	Cum. 1984	Cum. 1984	Cum. 1984
UNITED STATES	7,118	8,349	8	4,926	5,295	19	67	13	1,050
NEW ENGLAND	159	201	-	132	138	1	1	-	6
Maine	1	2	-	8	10	-	-	-	6
N.H.	2	8	-	9	13	-	-	-	-
Vt.	-	1	-	3	1	-	-	-	-
Mass.	97	131	-	67	66	1	-	-	-
R.I.	7	6	-	14	16	-	-	-	-
Conn.	52	54	-	31	33	-	1	-	-
MID ATLANTIC	988	1,014	-	914	1,019	-	10	1	89
Update N.Y.	62	79	-	143	170	-	5	1	3
N.Y. City	576	603	-	388	390	-	2	-	-
N.J.	187	190	-	195	222	-	3	-	-
Pa.	144	142	-	208	237	-	-	-	66
E.N. CENTRAL	289	484	3	849	724	-	7	1	40
Ohio	53	121	1	127	125	-	2	1	3
Ind.	40	46	1	65	90	-	1	-	5
Ill.	60	232	-	280	306	-	2	-	23
Mich.	91	61	1	164	188	-	-	-	1
Wis.	25	24	-	33	37	-	2	-	8
W.N. CENTRAL	121	99	1	128	190	6	2	2	132
Minn.	24	44	-	20	31	-	2	-	14
Iowa	10	4	-	20	25	-	-	-	37
Mo.	69	34	-	58	97	6	-	2	11
N. Dak.	-	-	1	4	-	-	-	-	24
S. Dak.	2	-	-	3	16	-	-	-	25
Nebr.	5	5	-	7	5	-	-	-	6
Kans.	11	12	-	14	16	-	-	-	15
S. ATLANTIC	2,211	2,131	-	1,109	1,068	2	9	1	363
Del.	8	12	-	14	6	-	-	-	-
Md.	141	114	-	128	78	-	-	-	217
D.C.	78	85	-	34	33	-	3	-	-
Va.	118	154	-	107	90	-	3	1	78
W. Va.	8	6	-	43	48	-	-	-	9
N.C.	244	199	-	170	115	-	1	-	1
S.C.	205	156	-	118	89	-	1	-	4
Ga.	359	403	-	147	205	2	-	-	37
Fla.	1,050	1,003	-	348	344	-	1	-	17
E.S. CENTRAL	451	566	1	453	501	-	2	3	64
Ky.	28	35	1	109	134	-	-	-	16
Tenn.	106	151	-	137	139	-	2	1	31
Ala.	149	228	-	165	145	-	-	2	17
Miss.	170	152	-	42	83	-	-	-	-
W.S. CENTRAL	1,727	2,147	2	484	576	4	5	4	215
Ark.	65	53	-	43	46	3	-	1	28
La.	322	426	-	84	110	-	1	1	7
Okla.	55	59	2	80	63	1	1	-	26
Tex.	1,285	1,606	-	317	357	-	3	2	154
MOUNTAIN	172	193	1	108	147	4	2	-	26
Mont.	-	4	-	7	13	-	1	-	14
Idaho	8	3	-	5	11	-	-	-	-
Wyo.	1	3	1	-	2	-	-	-	-
Colo.	37	45	-	7	11	1	-	-	-
N. Mex.	26	66	-	29	27	-	1	-	5
Ariz.	65	38	-	44	61	1	-	-	7
Utah	6	8	-	9	11	2	-	-	-
Nev.	29	26	-	7	11	-	-	-	-
PACIFIC	1,040	1,514	-	951	992	2	29	1	135
Wash.	29	52	-	37	58	-	1	-	1
Oreg.	32	28	-	37	47	1	-	1	-
Calif.	955	1,405	-	802	810	1	25	-	129
Alaska	1	7	-	20	13	-	1	-	5
Hawaii	23	24	-	55	64	-	2	-	-
Guam	-	-	U	3	2	-	-	-	-
P.R.	227	212	-	75	119	-	2	-	10
V.I.	6	7	-	-	1	-	-	-	-
Pac. Trust Terr.	-	-	U	-	-	-	-	-	-

U: Unavailable

TABLE IV. Deaths in 121 U.S. cities,* week ending
March 31, 1984 (13th Week Ending)

Reporting Area	All Causes, By Age (Years)						P&† Total	Reporting Area	All Causes, By Age (Years)						P&† Total
	All Ages	≥65	45-64	25-44	1-24	<1			All Ages	≥65	45-64	25-44	1-24	<1	
NEW ENGLAND	682	498	127	30	13	14	57	S. ATLANTIC	1,232	760	288	94	44	58	65
Boston, Mass.	174	113	41	12	2	6	28	Atlanta, Ga.	155	88	42	16	5	4	5
Bridgeport, Conn.	47	38	8	1	2	-	2	Baltimore, Md.	228	131	60	18	8	11	11
Cambridge, Mass.	33	29	3	1	-	1	4	Charlotte, N.C.	74	48	13	8	-	5	5
Fall River, Mass.	27	21	6	-	-	-	-	Jacksonville, Fla.	88	48	31	4	3	2	3
Hartford, Conn.	65	48	11	3	-	3	2	Miami, Fla.	97	45	30	11	2	9	2
Lowell, Mass.	21	15	6	-	-	-	1	Norfolk, Va.	63	38	15	3	1	6	4
Lynn, Mass.	15	13	2	-	-	-	-	Richmond, Va.	94	57	22	6	5	4	6
New Bedford, Mass.	26	24	1	-	1	-	1	Savannah, Ga.	35	24	6	3	-	2	2
New Haven, Conn.	60	41	8	7	3	1	2	St. Petersburg, Fla.	137	116	13	2	4	2	5
Providence, R.I.	70	50	16	2	2	-	1	Tempe, Fla.	71	44	13	2	7	5	3
Somerville, Mass.	9	6	2	-	-	-	-	Washington, D.C.	144	87	25	18	7	7	5
Springfield, Mass.	48	34	9	2	2	1	2	Wilmington, Del.	46	24	16	3	2	1	4
Waterbury, Conn.	24	22	2	-	-	-	5								
Worcester, Mass.	64	47	12	2	1	2	1								
MID. ATLANTIC	2,762	1,807	600	210	67	77	148	E.S. CENTRAL	763	482	175	52	19	35	37
Albany, N.Y.	50	33	8	5	1	3	-	Birmingham, Ala.	116	68	27	11	2	8	2
Allentown, Pa.	16	14	2	-	-	-	-	Chattanooga, Tenn.	47	33	12	-	1	1	4
Buffalo, N.Y.	135	84	32	11	4	4	16	Knoxville, Tenn.	98	62	23	7	2	4	9
Camden, N.J.	50	30	9	3	6	2	2	Louisville, Ky.	93	63	20	3	3	4	9
Elizabeth, N.J.	27	21	4	2	-	-	4	Memphis, Tenn.	175	107	34	17	6	11	10
Erie, Pa.†	36	24	7	4	1	-	1	Mobile, Ala.	71	44	18	2	3	4	4
Jersey City, N.J.	48	30	15	1	1	1	1	Montgomery, Ala.	54	34	11	7	-	2	-
N.Y. City, N.Y.	1,478	965	311	129	30	43	77	Nashville, Tenn.	109	71	30	5	2	1	4
Newark, N.J.	64	29	24	6	3	1	7								
Paterson, N.J.	22	15	4	2	-	-	1	W.S. CENTRAL	1,710	1,036	422	145	57	51	75
Philadelphia, Pa.†	367	231	87	25	11	13	20	Austin, Tex.	69	46	14	5	1	3	3
Pittsburgh, Pa.†	69	37	23	6	1	2	4	Baton Rouge, La.	40	27	9	3	1	-	3
Reading, Pa.	28	21	6	1	-	-	1	Corpus Christi, Tex.	64	42	15	4	1	2	-
Rochester, N.Y.	118	83	24	4	5	2	6	Dallas, Tex.	241	132	64	26	9	10	7
Schenectady, N.Y.	26	21	4	1	-	-	1	El Paso, Tex.	54	40	8	5	1	-	4
Scranton, Pa.†	30	23	7	-	-	-	2	Fort Worth, Tex.	90	59	14	5	4	8	11
Syracuse, N.Y.	109	76	20	5	4	4	-	Houston, Tex.	608	342	172	80	19	15	30
Tranton, N.J.	36	25	6	2	-	-	-	Little Rock, Ark.	72	44	17	5	2	4	2
Utica, N.Y.	19	16	1	2	-	-	2	New Orleans, La.	155	92	41	7	11	4	-
Yonkers, N.Y.	34	29	3	1	-	1	3	San Antonio, Tex.	160	102	37	1	2	2	11
								Shreveport, La.	64	48	13	2	1	-	-
								Tulsa, Okla.	93	61	18	9	2	3	4
E.N. CENTRAL	2,390	1,685	459	113	62	62	89	MOUNTAIN	748	501	144	53	22	28	60
Akron, Ohio	56	34	14	1	5	2	-	Albuquerque, N.Mex.	76	47	15	9	1	4	3
Canton, Ohio	37	28	6	-	1	2	-	Colorado Springs, Colo.	37	30	2	2	2	1	11
Chicago, Ill. §	592	468	12	11	19	23	14	Denver, Colo.	157	98	35	12	2	10	18
Cincinnati, Ohio	168	118	41	5	3	1	20	Las Vegas, Nev.	84	55	20	3	4	2	2
Cleveland, Ohio	156	95	42	12	5	2	4	Ogden, Utah	22	15	4	1	-	2	1
Columbus, Ohio	130	86	29	9	4	2	3	Phoenix, Ariz.	186	118	37	16	8	7	8
Dayton, Ohio	132	79	42	9	2	-	4	Pueblo, Colo.	21	19	1	-	1	-	3
Detroit, Mich.	280	156	83	24	6	11	9	Salt Lake City, Utah	47	33	5	5	2	2	-
Evansville, Ind.	46	30	11	4	1	-	1	Tucson, Ariz.	118	86	25	5	2	-	14
Fort Wayne, Ind.	58	41	9	3	4	1	7								
Gary, Ind.	22	10	10	2	-	-	1	PACIFIC	1,811	1,217	369	118	59	49	80
Grand Rapids, Mich.	76	56	17	1	2	-	4	Berkeley, Calif.	15	10	1	2	1	1	-
Indianapolis, Ind.	177	113	40	16	4	4	-	Fresno, Calif.	59	40	13	1	2	3	6
Madison, Wis.	31	21	6	3	1	-	1	Glendale, Calif.	32	25	5	1	1	-	-
Milwaukee, Wis.	147	103	33	3	9	5	3	Honolulu, Hawaii	91	39	16	2	1	3	8
Peoria, Ill.	51	36	8	4	-	3	7	Long Beach, Calif.	95	64	22	5	3	1	4
Rockford, Ill.	43	32	8	1	1	1	4	Los Angeles, Calif.	466	311	104	30	13	8	-
South Bend, Ind.	57	48	8	1	-	-	4	Oakland, Calif.	78	50	18	6	1	2	6
Toledo, Ohio	107	73	26	2	-	6	1	Pasadena, Calif.	34	26	4	4	-	-	4
Youngstown, Ohio	74	58	12	2	2	-	-	Portland, Ore.	122	80	22	7	6	7	5
								Sacramento, Calif.	78	50	13	7	6	2	5
W.N. CENTRAL	768	533	159	32	16	28	40	San Diego, Calif.	163	105	29	9	11	9	20
Des Moines, Iowa	79	55	18	2	-	4	2	San Francisco, Calif.	157	103	29	14	3	8	4
Duluth, Minn.	23	13	6	3	-	1	1	San Jose, Calif.	174	120	37	11	4	2	15
Kansas City, Kans.	24	13	6	3	2	-	1	Seattle, Wash.	155	106	32	12	2	3	4
Kansas City, Mo.	118	72	36	2	3	5	9	Spokane, Wash.	46	36	8	1	1	-	3
Lincoln, Nebr.	36	30	7	1	-	-	4	Tacoma, Wash.	76	52	16	4	4	-	6
Minneapolis, Minn.	92	68	11	6	1	6	5								
Omaha, Nebr.	86	61	18	5	1	1	3	TOTAL	12,866††	8,508	2,741	845	359	402	651
St. Louis, Mo.	158	120	28	5	3	2	6								
St. Paul, Minn.	77	57	12	1	4	3	2								
Wichita, Kans.	73	44	17	4	2	6	7								

* Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

†† Pneumonia and influenza

† Because of changes in reporting methods in these 4 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks.

‡ Total includes unknown ages.

§ Data not available. Figures are estimates based on average of past 4 weeks.

Current Trends

Update: Styrene, Dioxin, and 1,3-Butadiene in the Workplace

The National Institute for Occupational Safety and Health (NIOSH) periodically issues documents to transmit new information or to update existing information on specific chemical substances found in the workplace. Three such documents that were recently issued are summarized below. Each is available for distribution as indicated.

Styrene: In December 1983, NIOSH published *Criteria for a Recommended Standard—Occupational Exposure to Styrene*.^{*} Styrene—also known as vinylbenzene or phenylethylene—is an aromatic organic compound with the chemical formula $C_6H_5CH=H_2$. It is a commercially important compound used in such products as reinforced plastics, packaging materials, insulation, pipes, automotive components, carpet backcoatings, synthetic rubber, and wall panels. In 1981, 6.6 million pounds of styrene were produced in the United States. NIOSH estimates that at least 30,000 U.S. workers in 1,000 plants are potentially exposed to styrene on a full-time basis, while more than 300,000 workers in over 20,000 facilities are potentially exposed to compounds containing styrene.

The current Occupational Safety and Health Administration (OSHA) standard for occupational exposure to styrene consists of a time-weighted average (TWA) concentration of 100 parts per million (ppm) for an 8-hour day, a ceiling concentration of 200 ppm, and a maximum peak of 600 ppm for no more than 5 minutes in any 3 hours. NIOSH now recommends that worker exposure to styrene not exceed 50 ppm as a TWA concentration for an up-to-10-hour workshift in a 40-hour workweek. This recommendation is based on effects on the central nervous system (CNS) observed among experimental subjects and workers exposed to styrene at TWA concentrations of about 100 ppm. A few investigators have also reported these effects at concentrations less than 100 ppm. The most frequently reported effects of exposure to styrene were subjective symptoms, such as fatigue, dizziness, headache, nausea, poor memory, and drowsiness. These symptoms have been substantiated experimentally in human subjects and in clinical studies of workers who demonstrated slower reaction times and impaired balance following exposure to styrene. Abnormal electroencephalograms have also been noted. To prevent CNS depression and irritation of the eyes, nose, skin, and respiratory tract, NIOSH further recommends that exposures not exceed 100 ppm determined as a ceiling concentration by a 15-minute sample.

These limits for exposure to styrene are upper boundaries, and employers should make every effort to maintain exposure concentrations as low as possible. The criteria document presents specific recommendations for medical surveillance and recordkeeping, work practices, and engineering controls to prevent or greatly reduce the health risk to exposed workers. Although the evidence is not strong, exposure to styrene has been implicated in other adverse health effects, such as peripheral neuropathy, abnormal pulmonary function, liver toxicity, teratogenicity, and carcinogenicity. These health effects should be investigated further, and if they are related to styrene exposure, they will provide evidence for considering a reduction in the NIOSH-recommended standard for occupational exposure to styrene.

^{*}The development of criteria documents is a NIOSH responsibility mandated by the Occupational Safety and Health Act of 1970. These documents are used to recommend standards for promulgation by the Department of Labor.

Styrene, Dioxin, and 1,3-Butadiene — Continued

Order Document No. PB-84-148295 from the National Technical Information Service, Springfield, Virginia 22161. Cost: \$22.00 paper, \$4.50 microfiche.

Dioxin: On January 23, 1984, NIOSH released *Current Intelligence Bulletin #40: 2,3,7,8-Tetrachlorodibenzo-p-dioxin (TCDD, "Dioxin")*.[†] TCDD occurs as a contaminant in such materials as 2,4,5-trichlorophenol (TCP), 2,4,5-trichlorophenoxyacetic acid (2,4,5-T), and 2-(2,4,5-trichlorophenoxy) propionic acid (silvex). Occupational exposure may occur through contact with these materials or from past contamination of worksites. Currently, no occupational standard exists for exposure to TCDD.

NIOSH recommends that TCDD be regarded as a potential occupational carcinogen, that occupational exposure to TCDD be controlled to the fullest extent feasible, and that decontamination measures be used for TCDD-contaminated work environments. These recommendations are based on studies that demonstrate the carcinogenicity of TCDD in rats and mice. In other animal studies over a wide range of exposure concentrations, TCDD caused teratogenesis, immunologic dysfunction, and effects on hematologic function. Studies of humans exposed to TCDD-contaminated materials indicate that TCDD may be the cause of chloracne, metabolic disorders (porphyria), and other systemic problems and that TCDD may have a potential to cause cancer.

Copies are available without charge from NIOSH Publications, 4676 Columbia Parkway, Cincinnati, Ohio 45226.

1,3-Butadiene: On February 9, 1984, NIOSH released *Current Intelligence Bulletin #41: 1,3-Butadiene*. 1,3-butadiene is a colorless, noncorrosive, flammable gas. It is produced as a coproduct in the manufacture of ethylene and by dehydrogenation of n-butene and n-butane. In the United States, it is used mainly in the production of styrene-butadiene rubber and polybutadiene rubber for the tire industry. Other uses include copolymer latexes for carpet backing and paper coating, as well as resins and polymers for pipes and automobile and appliance parts. It is also used as an intermediate in the production of such chemicals as fungicides. NIOSH estimates that, currently, about 65,000 workers are potentially exposed to 1,3-butadiene. The present OSHA standard for occupational exposure is 1,000 ppm (2,200 mg/M³) determined as an 8-hour TWA concentration.

NIOSH recommends that 1,3-butadiene be regarded as a potential occupational carcinogen and teratogen and as a possible reproductive hazard. These recommendations are based on long-term animal studies that demonstrate carcinogenicity, teratogenicity, and adverse effects on the testes and ovaries. Although the excess risk of cancer to workers exposed to specific airborne concentrations of 1,3-butadiene has not yet been determined, the probability of developing cancer would be decreased by reducing exposure.

Appropriate engineering and work-practice controls should be used; producers and users of 1,3-butadiene should disseminate this information to their workers and customers; and professional and trade associations and unions should inform their members of the potential hazards of working with 1,3-butadiene. In addition, NIOSH recommends that the present OSHA standard for exposure to 1,3-butadiene be reexamined.

Copies are available without charge from NIOSH Publications, 4676 Columbia Parkway, Cincinnati, Ohio 45226.

Reported by Div of Standards Development and Technology Transfer, National Institute for Occupational Safety and Health, CDC.

[†]NIOSH issues *Current Intelligence Bulletins (CIB)* to disseminate new scientific information about occupational hazards. A CIB may draw attention to a hazard previously unrecognized or may report new data suggesting that a known hazard is either more or less dangerous than was previously thought.

Prospective Evaluation of Health-Care Workers Exposed via Parenteral or Mucous-Membrane Routes to Blood and Body Fluids of Patients with Acquired Immunodeficiency Syndrome

In August 1983, CDC initiated prospective surveillance of health-care workers with documented parenteral or mucous-membrane exposures to potentially infectious body fluids from patients with definite or suspected acquired immunodeficiency syndrome (AIDS). By December 31, 1983, 51 health-care workers with such exposures were enrolled in CDC's surveillance registry through the auspices of participating hospitals, other health-care institutions, and health departments in the United States.* None of these workers has developed signs or symptoms suggestive of AIDS. All but one of these workers had been followed for less than 12 months (see below).

Among the 51 exposed health-care workers studied, 19 (37%) have been reported from New York; nine (18%), from Texas; seven (14%), from Pennsylvania; five (10%) from New Jersey; and 11 (21%), from seven other states. Exposures occurred between April 1981 and November 1983. Length of follow-up of exposed health-care workers ranged from 1 month to 32 months by December 31, 1983 (mean 5.5 months). Twenty-four (47%) of the exposed workers were nurses; nine (18%) were physicians; five (10%) were phlebotomists; three (6%) were respiratory therapists; and the remaining 10 (20%) were health-care workers with less direct patient contact, such as laboratory and maintenance personnel. Eighty percent were white, and 75% were female. Ages ranged from 18 years to 51 years (mean 29 years).

The majority of exposures occurred in direct patient-care areas. Twenty-seven (53%) exposures occurred in patients' rooms or on wards, and 12 (24%) occurred in intensive-care units. Seven incidents (14%) took place in laboratories, and five (10%) occurred in operating rooms or morgues. The types of exposures were: needlestick injuries (65%); cuts with sharp instruments (16%); mucosal exposure (14%); and contamination of open skin lesions with potentially infective body fluids (6%). Post-exposure treatment consisted of local care only in 41%; administration of hepatitis B immune globulin (HBIG) alone or in combination with immune globulin (IG) or tetanus (Td) prophylaxis in 24%; IG alone or with Td in 31%; and Td only in 4%. Among the 12 exposed health-care workers receiving HBIG, three were exposed to AIDS patients reported positive for hepatitis B surface antigen (HBsAg).

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Editorial Note: The principal goal of this surveillance project is to evaluate the risk, if any, to

*Since December 31, 1983, preliminary reports have been received on an additional 50 exposed health-care workers.

AIDS — Continued

health-care workers exposed to potentially infectious materials from AIDS patients. Epidemiologic evidence is consistent with the hypothesis that AIDS is caused by a transmissible infectious agent (1,2). AIDS appears to be transmitted by intimate sexual contact or by percutaneous inoculation of blood or blood products. There is no evidence of transmission through casual contact with affected individuals or by airborne spread, and there are no cases of AIDS among health-care workers that can definitely be ascribed to specific occupational exposures. The risk of AIDS transmission to health-care workers through percutaneous or mucosal inoculation of blood or body fluids from AIDS patients remains undefined, although currently available epidemiologic data suggest that the risk of transmission, if any, is small.

Recommended precautions for preventing AIDS in health-care workers have been published (3-5). These recommendations are designed to minimize the risk of mucosal or parenteral exposure to potentially infectious materials from AIDS patients. Based on descriptions of the incidents supplied to CDC, over one-third of the exposures among these 51 health-care workers might have been prevented by following recommended precautions. Health-care workers are urged to become familiar with and adhere to these recommendations.

No single form of post-exposure care appears to predominate among personnel reported to CDC, although local wound care only was the largest individual treatment category. Since AIDS patients are often in groups at high risk for hepatitis B, post-exposure prophylaxis should follow guidelines for immunoprophylaxis for viral hepatitis (6).

The enrollment phase of this surveillance project is designed to last 3 years. Institutions and investigators wanting information on participation in the project should contact CDC's Hospital Infections Program at (404) 329-3408.

References

1. CDC. Update on acquired immune deficiency syndrome (AIDS)—United States. *MMWR* 1982;31:507-8, 513-4.
2. Francis DP, Curran JW, Essex M. Epidemic acquired immune deficiency syndrome: epidemiologic evidence of a transmissible agent. *J Natl Cancer Inst* 1983;71:1-4.
3. CDC. Acquired immune deficiency syndrome (AIDS): precautions for clinical and laboratory staffs. *MMWR* 1982;31:577-80.
4. CDC. Acquired immunodeficiency syndrome (AIDS): precautions for health-care workers and allied professionals. *MMWR* 1983;32:450-1.
5. Williams WW. Guideline for infection control in hospital personnel. *Infect Control* 1983;4:326-49.
6. ACIP. Immune globulins for protection against viral hepatitis. *MMWR* 1981;30:423-8, 433-5.

*International Notes***Quarantine Measures**

The following changes should be made in the "Supplement—Health Information for International Travel," *MMWR*, Vol. 32, 1983. Situation as of January 1, 1984:

BHUTAN

On page 22, delete: No vaccinations are required. On page 23, insert: *Yellow Fever*—II. On page 11, insert code II.

BOTSWANA

Yellow Fever—Delete all information on pages 11 and 23. On page 23, insert: No vaccinations are required.

*Quarantine Measures — Continued***BRUNEI**

Cholera — Delete all information on pages 12 and 24. On page 24, *Yellow Fever* — Insert: A certificate is required ALSO from travelers transiting endemic areas within the preceding 6 days (see pp. 73-74). On page 12, insert * after code.

BURMA

Cholera and *Yellow Fever* — Delete all information on pages 12, 24, and 25. *Yellow Fever* — Insert code II on pages 12 and 25. On page 25, insert: A certificate is required ALSO from nationals and residents of Burma departing for an infected area.

CHAD

On page 26, insert: *Yellow Fever* — Chad recommends vaccination for all travelers over 1 year of age. On page 12, insert *.

CUBA

Delete from pages 12, 28, and 113. No vaccinations are required.

DOMINICAN REPUBLIC

Cholera and *Yellow Fever* — Delete all information on pages 12 and 29. On page 29, insert: No vaccinations are required.

EGYPT

Cholera — Delete all information on pages 12 and 29.

GRENADA

Insert on pages 13, 32, and 113. On page 32, insert: *Yellow Fever* — II. No malaria risk.

JAMAICA

Yellow Fever — Change code to II on pages 14 and 39.

LIBERIA

On page 41, *Yellow Fever* — Insert: Liberia recommends vaccination.

MADAGASCAR

Cholera — Delete all information on pages 14 and 41. On page 41, *Yellow Fever* — Insert: A certificate is required ALSO from travelers transiting infected areas. On page 14, insert * after code.

SAINT KITTS-NEVIS

On pages 16 and 50, change name to **SAINT CHRISTOPHER AND NEVIS**. On pages 4 and 115, change **SAINT KITTS** to **SAINT CHRISTOPHER**.

SAINT LUCIA

On page 50, *Yellow Fever* — Delete note. On page 16, delete * by code.

SIERRA LEONE

Yellow Fever — On pages 16 and 51, delete all information. Insert code II.

SWAZILAND

Cholera — Delete all information on pages 16 and 54.

TANZANIA, UNITED REPUBLIC OF

On page 54, insert: *Cholera* — A certificate is required for travelers destined for Zanzibar and Pemba Islands. On page 16, insert *.

TOGO

Yellow Fever — On pages 17 and 55, change code to III.

ZAMBIA

Cholera — On pages 17 and 58, delete all information.

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The editor welcomes accounts of interesting cases, outbreaks, environmental hazards, or other public health problems of current interest to health officials. Such reports and any other matters pertaining to editorial or other textual considerations should be addressed to: ATTN: Editor, *Morbidity and Mortality Weekly Report*, Centers for Disease Control, Atlanta, Georgia 30333.

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